

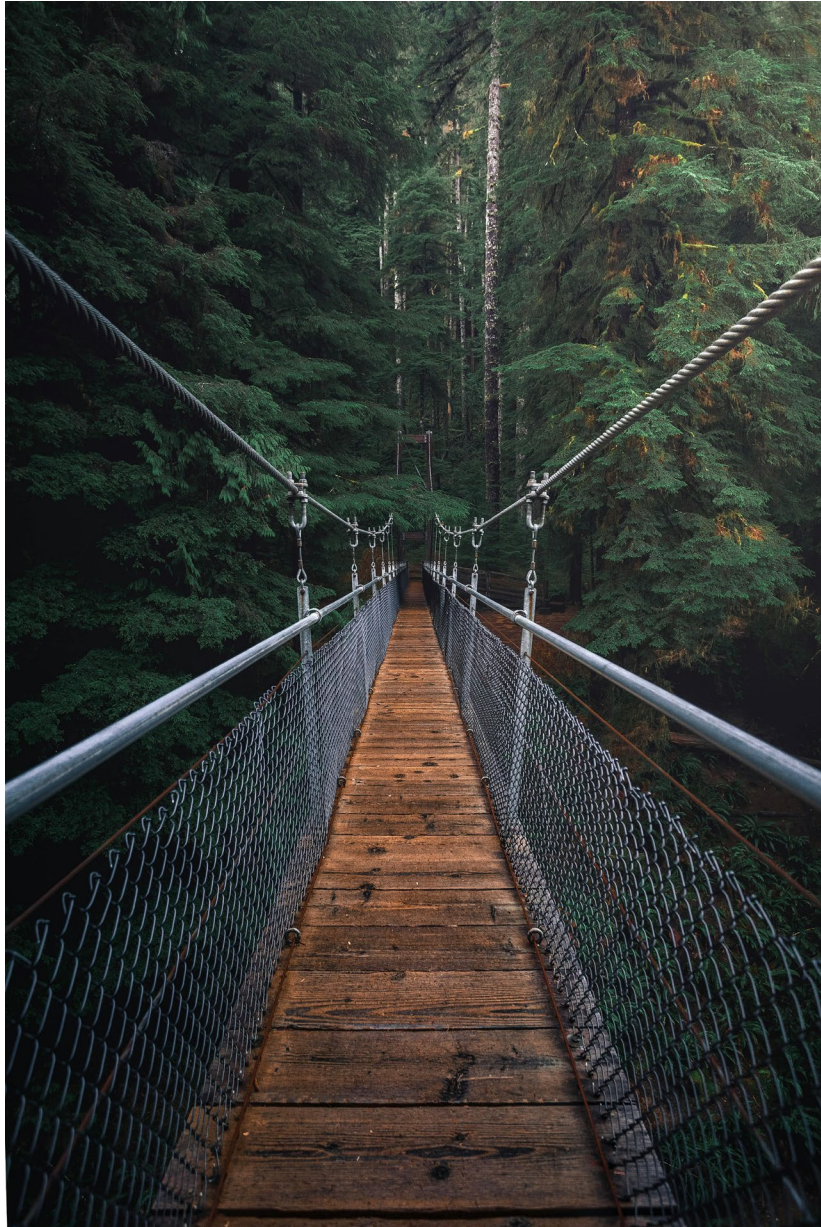
‘Getting Sh*t Done’ for climate impact

Session 1 - The Eisenhower Box

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Te Pūaha o te Ako



Scene setting

2 sessions

1: You

2: Your organisation

Te Pūaha o te Ako

To face our current realities, and stay engaged, relevant, and capable, we need to do more than simply inform or push solutions at people.

Our work in climate action must be more nuanced. It starts with our capacity to show up daily. When we start with ourselves - and our own messy and complicated feelings - we create balance. We want to prevent burn out and isolation.

Our ability to do this begins with change **from the inside out.**

Let's start with daily habits and the Eisenhower Box

Te Pūaha o te Ako

Many of us write To Do lists

Here's what mine looks like today:

- bike to work
- monthly accounts
- emails
- prep presentation
- write submission
- food shopping
- call solar panel company
- meeting with MfE
- Exercise
- Cook dinner
- son's rugby
- vacuum house



Te Pūaha o te Ako

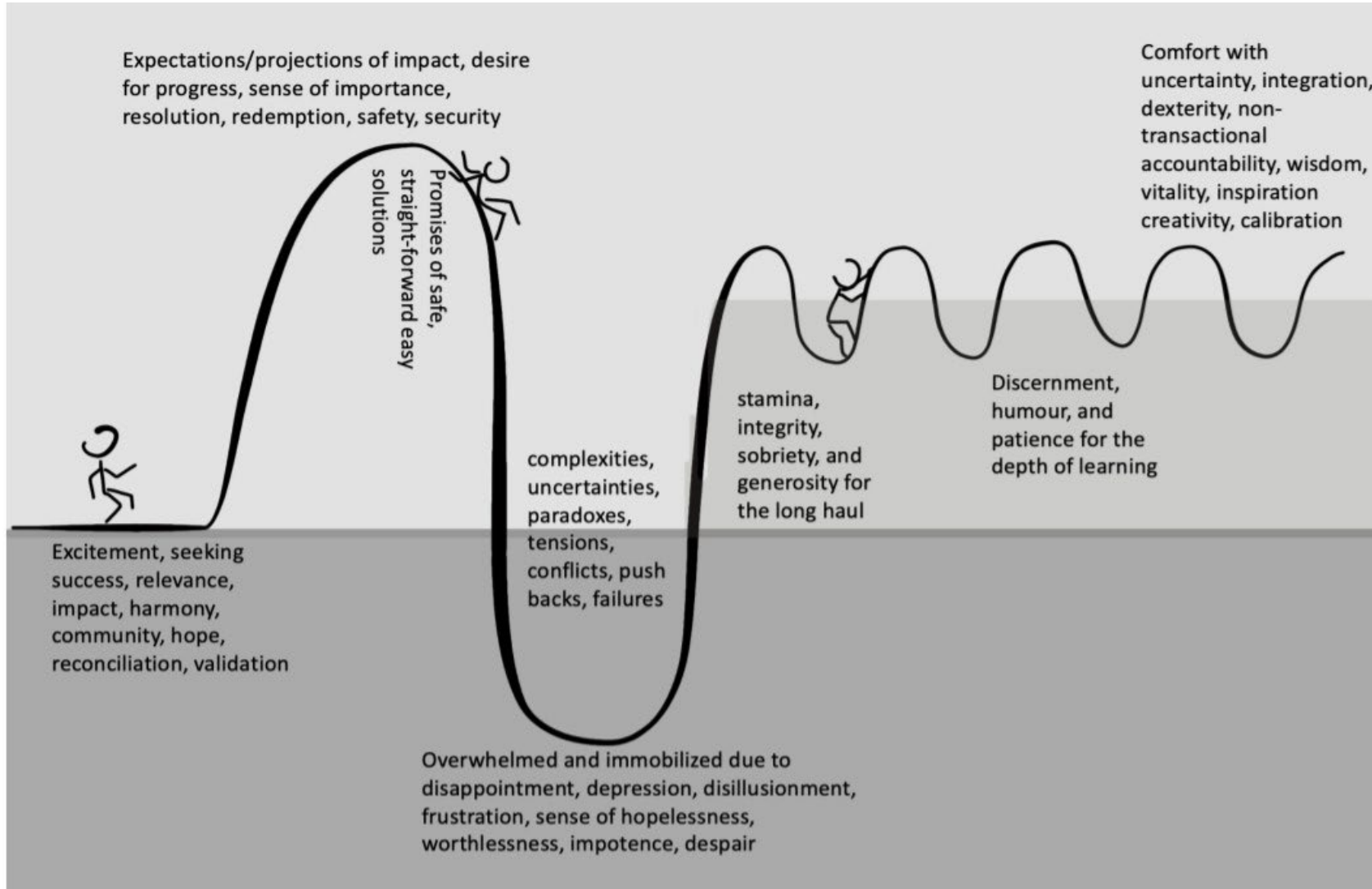
The Eisenhower Box

The Eisenhower Box is an approach for taking action and organising your tasks around the four Ds:

- **Do**
- **Decide**
- **Delegate**
- **Delete or Ditch**

This session will focus on how you can prioritise actions against your own values/perspectives and decide some of those BIG Hairy Goals, and importantly, what you surrender.

We're on a journey through uncertain times



Te Pūaha o te Ako

We're on a journey through uncertain times

YOUR JOURNEY

THIS IS CONSISTENCY



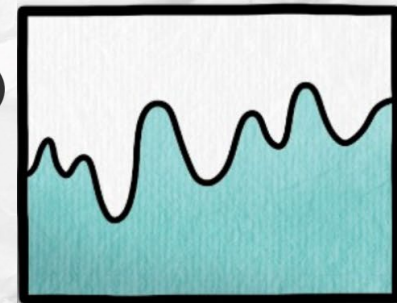
THIS IS ALSO CONSISTENCY



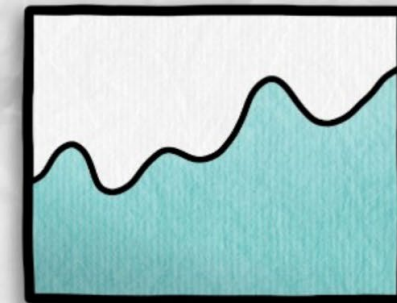
THIS IS TOO



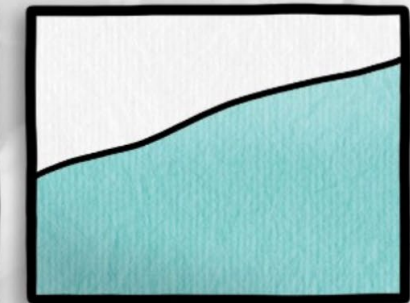
AND THIS!



DAYS



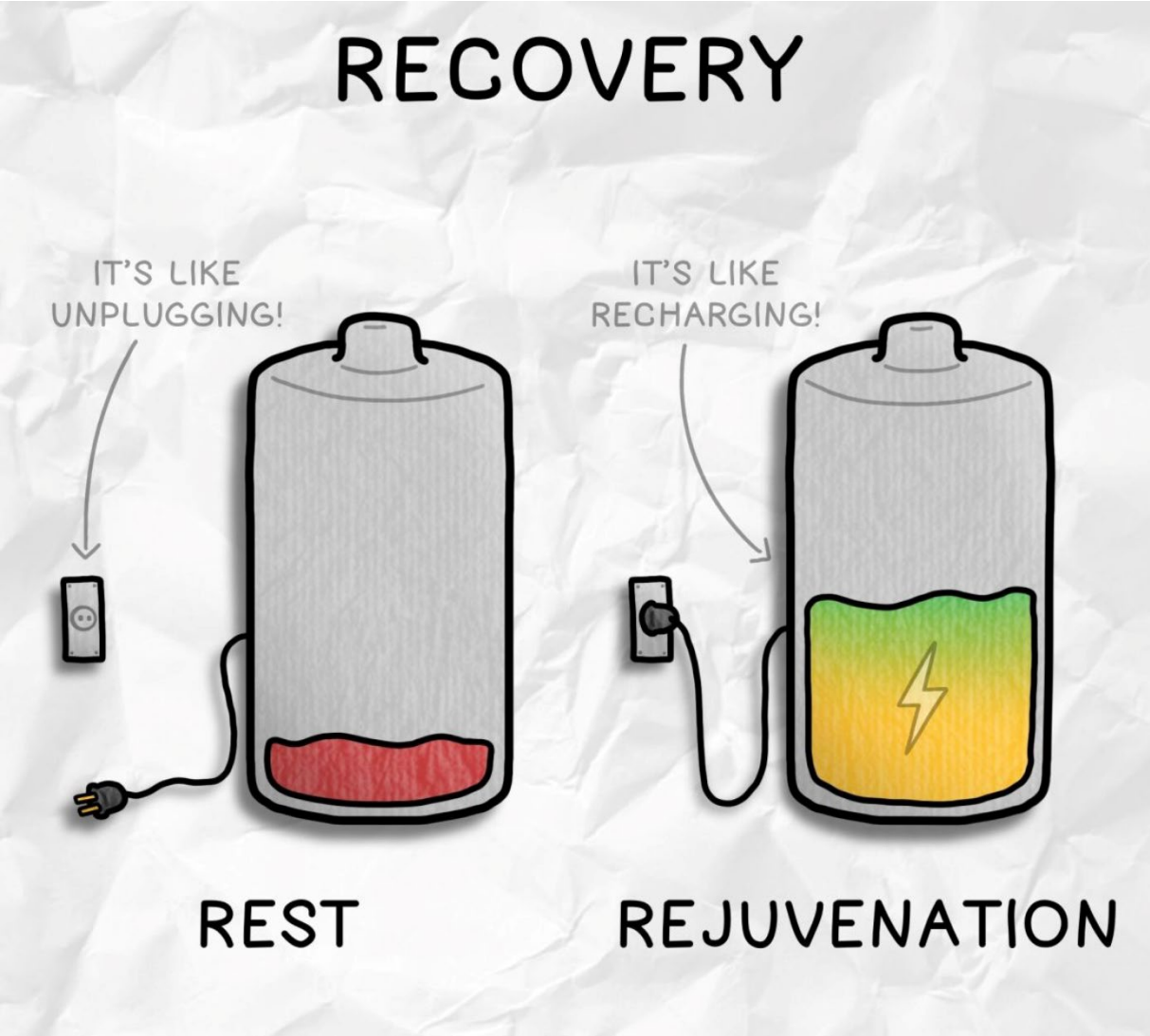
MONTHS



YEARS

Te Pūaha o te Ako

We're on a journey through uncertain times – you have to have energy



Te Pūaha o te Ako

I align all my actions against my values and kaupapa



Te Pūaha o te Ako

How to eliminate time wasting and worry in the climate space

Eisenhower's strategy for taking action and organising your tasks is simple. Using the decision matrix below, you will separate your actions based on four possibilities.

- urgent and important (tasks you will **do** immediately)
- important, but not urgent (tasks you will **decide** what and when)
- urgent, but not important (tasks you will **delegate** to someone else)
- neither urgent nor important but play on your mind (tasks that you will **delete or ditch**)

The issue starts with perspective - everything in climate is in the urgent and important box, but you can't lump all your actions there! You have to surrender some.

Let's first focus on Decisions- what does decision mean?

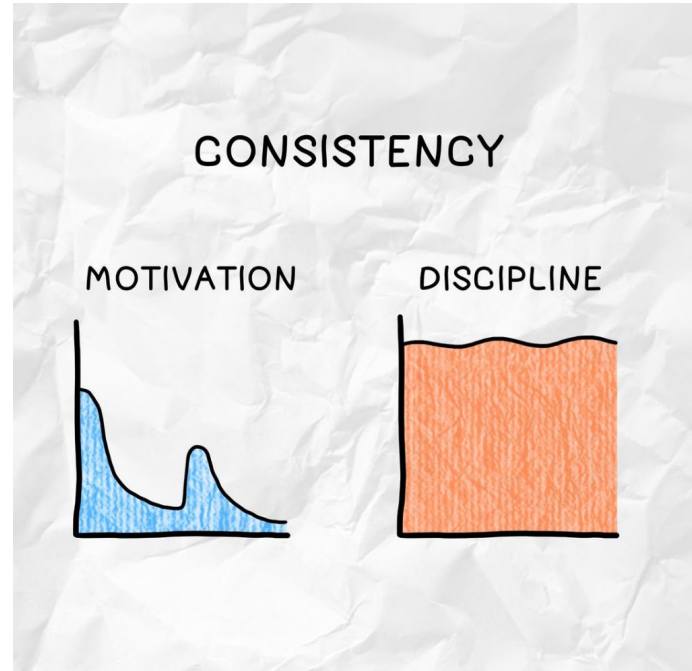
	IMMEDIATE	NOT IMMEDIATE
IMPORTANT	<p>DO Do it now</p> <ul style="list-style-type: none"> - Present this session - Write submission to Climate Adaptation Bill - Bike to work - Monthly accounts 	<p>DECIDE Schedule a time to do it</p> <ul style="list-style-type: none"> - Reduce emissions- bike to work everytime - Some exercise - long term deadlines - get solar
NOT IMPORTANT	<p>DELEGATE Who can do it for you?</p> <ul style="list-style-type: none"> - social media - Food shopping click'n'collect - Cooking to son 	<p>DITCH Eliminate it</p> <ul style="list-style-type: none"> - Social media - Pointless meetings - Disruptive socialising - News on climate



The root word *cis* and its variants *cid* and *-cide* come from a Latin root meaning 'cut' or 'kill.' A decision, is a 'cutting off' of all possibilities except for one; if you are decisive you have 'killed' all other options.

Te Pūaha o te Ako

Making a decision “Making a true decision means committing to achieving a result, and then cutting yourself off from any other possibility.” This requires self-discipline resulting in consistency



Box:

important, but not urgent (tasks you will **decide** what and when)

Reduce emissions: Bike to work, everytime. Cut off any other possibility- this then moves from **decide** to **do** box which is immediate and important (tasks you will **do today** and every time and thus don't need to write)

Te Pūaha o te Ako

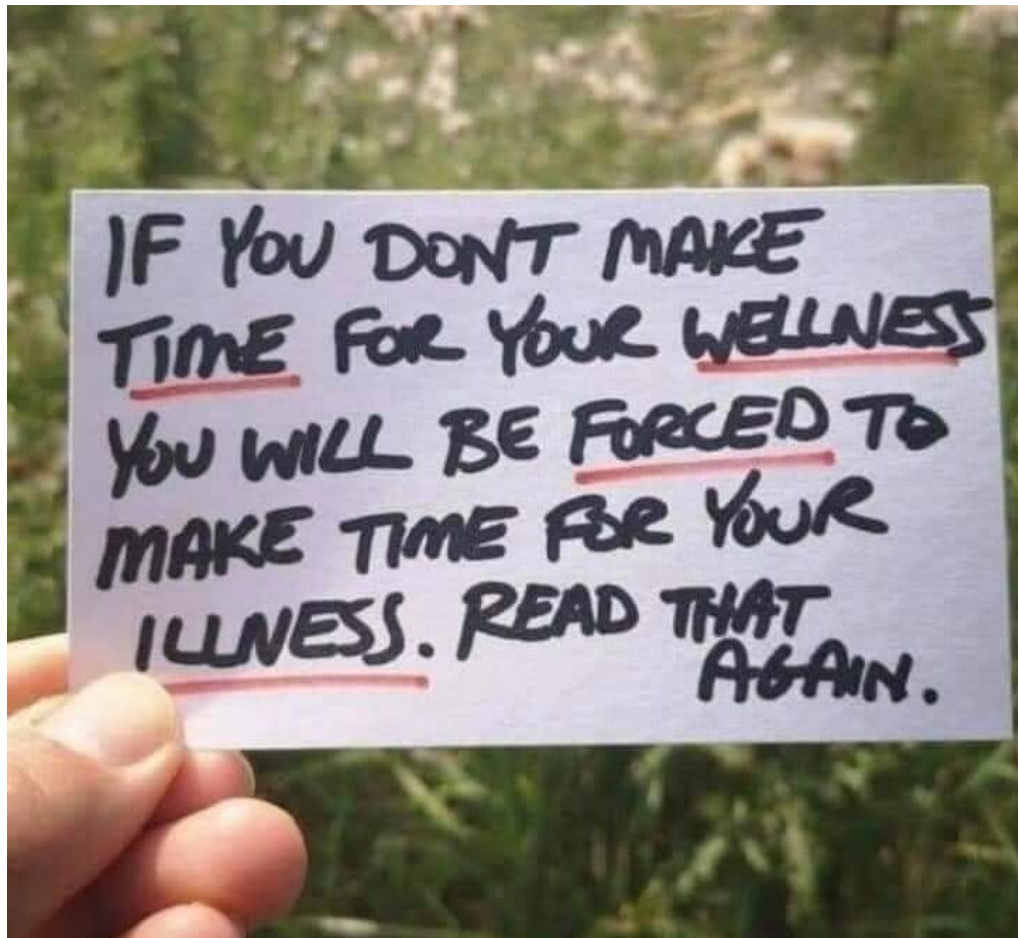
Here's an example of what my Eisenhower Box looks like today

	IMMEDIATE	NOT IMMEDIATE
IMPORTANT	<p>DO Do it now</p> <ul style="list-style-type: none"> - Present this session - Write submission to Climate Adaptation Bill - Bike to work - Monthly accounts 	<p>DECIDE Schedule a time to do it</p> <ul style="list-style-type: none"> - personal improvement - Some exercise - long term deadlines - get solar
NOT IMPORTANT	<p>DELEGATE Who can do it for you?</p> <ul style="list-style-type: none"> - social media - Food shopping click'n'collect - Cooking to son 	<p>DITCH Eliminate it</p> <ul style="list-style-type: none"> - Social media - Pointless meetings - Disruptive socialising - News on climate



If it doesn't serve you, or if it's detrimental to your health – ditch it.

Te Pūaha o te Ako



The reason I like the Eisenhower Matrix is that it provides a clear framework for making the decisions over and over again. And like anything in life, consistency is the hard part. It's a daily evaluation process based on what's really important.

**... because who took the
'doing' out of climate action?**

Te Pūaha o te Ako

Goal 13: UN SDG

Take urgent action to combat climate change and its impacts

First decide how you frame climate action in your life and then 'delete' what you can't do.

<https://sdgs.un.org/goals/goal13>



Te Pūaha o te Ako

New Zealand framework for climate action

- The 'Zero Carbon Act', passed in 2019, established critical components, including the Climate Change Commission, emission targets and the concept of emission budgets and national emission reduction plans.
- The climate-related disclosures legislation, passed in October 2021, requires 200 of the largest financial market participants to disclose information about the risks and opportunities that climate change presents to their business.
- Changes to the Emissions Trading Scheme to make it fit for purpose in reducing greenhouse gas emissions.
- The proposed Climate Change Adaptation Act, which will address complex issues associated with managed retreat and funding and financing adaptation.
- Other initiatives like the Carbon Neutral Government Programme, and emission reduction support funds, such as the Low Emission Transport Fund.

Carbon, carbon, carbon

Find **your** passion and frame your work, speak with your team and decide and delegate between you.



Te Pūaha o te Ako

Surrender or 'delete'

Surrendering is very different from giving up.

Surrendering is about radically accepting the reality of the climate challenge, without having immediate solutions to offer.

Some things we surrender go in the delete box 'for now'.

We must reintroduce our capacity to forget, the delete box supports this notion.



Te Pūaha o te Ako

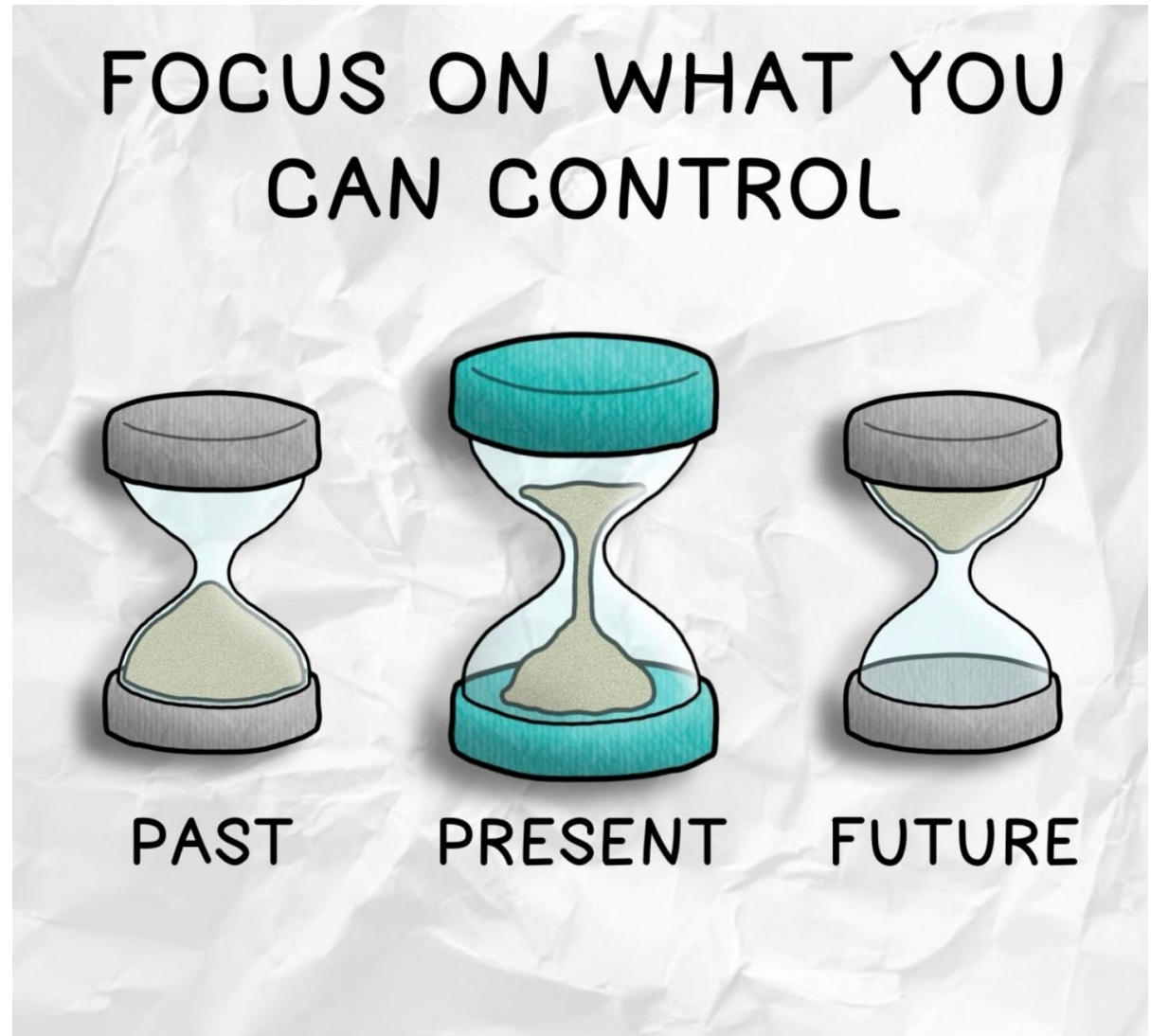
Surrender or 'delete'

Surrendering is very different from giving up.

Surrendering is about radically accepting the reality of the climate challenge, and recognising what you can't control.

Some things we surrender go in the delete box 'for now'.

We must reintroduce our capacity to forget, the delete box supports this notion and helps us focus on the 'do'



Te Pūaha o te Ako

I highly recommend checking out:

- Climate Action Aotearoa.
<https://www.climateactionaotearoa.co.nz/key-documents>
- The All We Can Save Project www.allwecansave.earth
- Good Grief Network www.goodgriefnetwork.org
- Gen Dread newsletter <https://gendread.substack.com>
- Project Inside Out <https://projectinsideout.net>
- Uncomfortable Knowledge Hub
<https://uncomfortableknowledge.com/about-ukh/>

Credit and thanks to @wisdommadeeasy for the illustrations.

Te Pūaha o te Ako

Te Pūaha o te Ako